



Our Lady of Sorrows Church

February 26, 2023

136 Davis Avenue

Kearny, NJ 07032

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Emergencies: (201) 275-3891

E-Mail: office@olskearny.org

Website: www.olskearny.org

SACRAMENT OF THE EUCHARIST

Weekday Masses:

Monday - Saturday: 7:30 AM

Saturday evening Mass: 5:00 PM

Sunday Mass: 9:00 AM

Holy Day Masses:

7:30 AM | 12:00 PM | 7:00 PM

SACRAMENT OF RECONCILIATION

Saturday 4:00 PM - 4:30 PM

OFFICE HOURS

Monday – Friday

9 AM—12 PM

(The office is closed on Saturday & Sunday.)

PARISH STAFF

Served by

Rev. John E. Wassell

Administrator

(201) 991-1116

jwassell@stceciliakearny.org

Rev. Juan Carlos Velasquez-Ducayín

Parochial Vicar

(201) 991-1116

jcvelasquez@stceciliakearny.org

Rev. Patrick R.C. Wilhelm

In Residence

Rev. Richard J. Mroz

In Residence at St. Cecilia

(201) 991-1116

Deacon Leonard Mackesy

Deacon John Sarnas

Mrs. Lucille Muldoon

Coordinator of Religious Education

Mrs. Gina Sgalia-Ball

Director of Music

Ms. Donna Calcado

Office Manager/

Local Safe Environment Coordinator

dcalcado@olskearny.org

Mrs. Patty Martinez

Parish Secretary

bulletin@olskearny.org

pmartinez@olskearny.org

Mrs. Linda Mackalonis

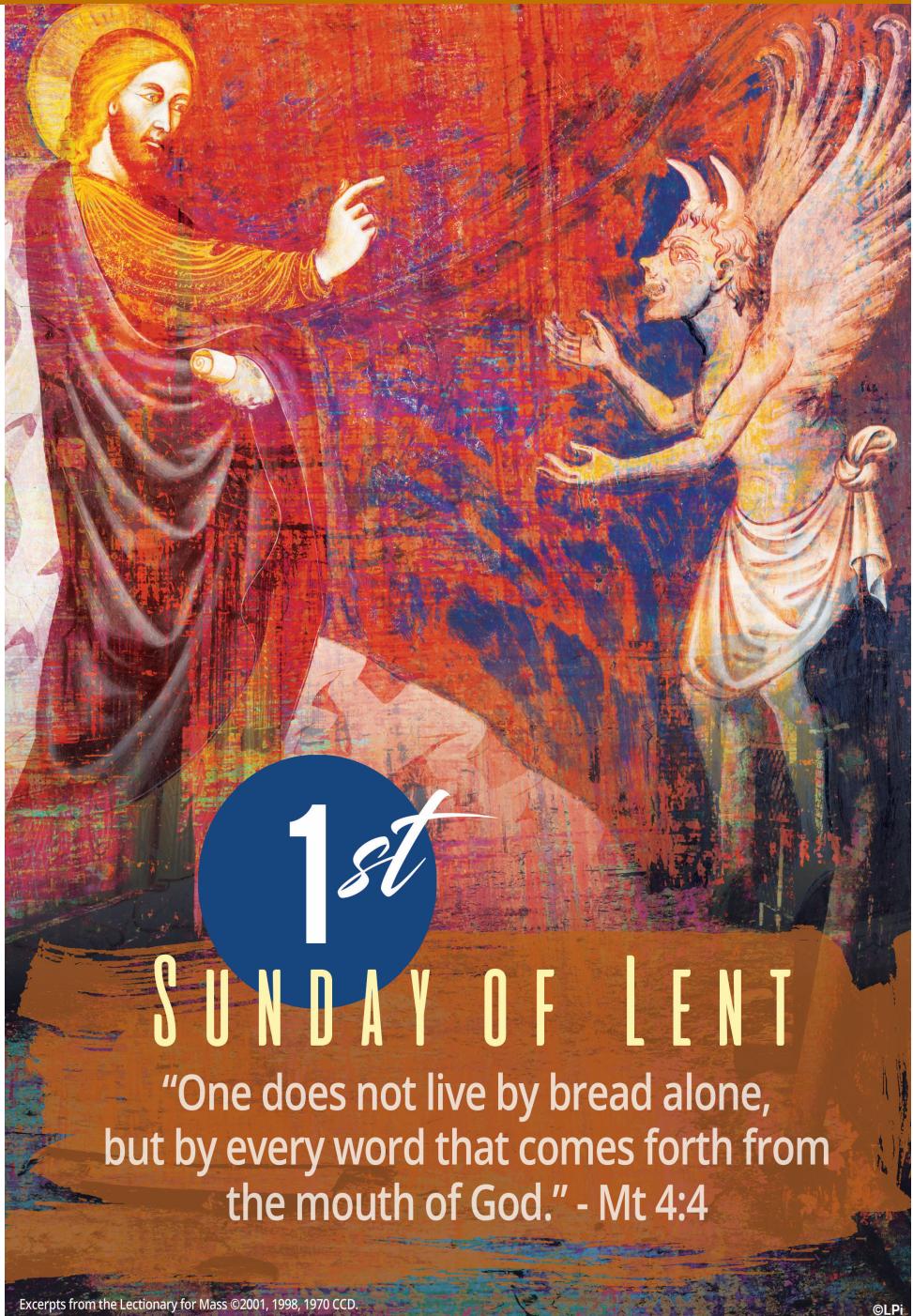
Parish Council Coordinator

Mr. Andrew Clappy, Trustee

Mr. Gregory Cierpial, Trustee



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Our Lady of Sorrows Catholic
Church, Kearny, NJ



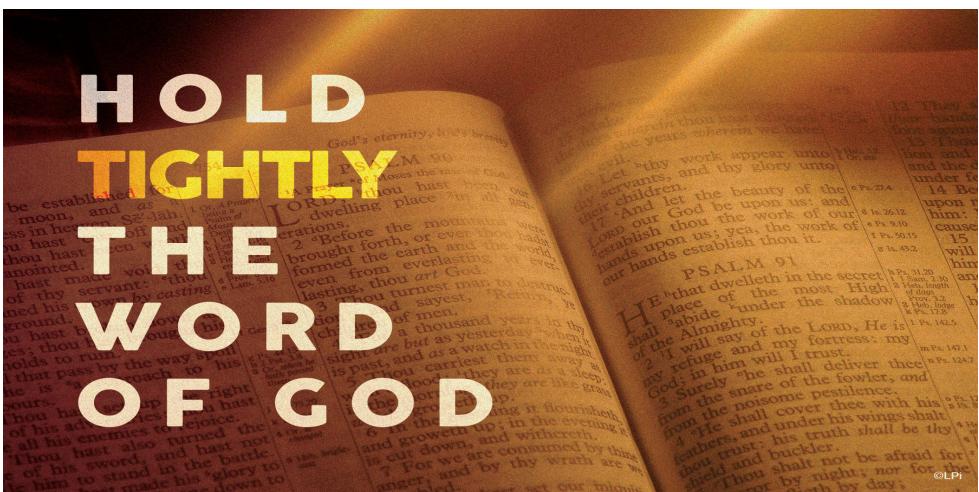
Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD.

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OUR MISSION

We are Catholic Christians of Our Lady of Sorrows Parish who are conscious of the plan of God for the salvation of all. We praise the Lord in our everyday lives by sharing our faith and talents with each other for the continued growth of Our Lady of Sorrows Parish Community. We wish to live the Beatitudes of Jesus and put them into practice in our daily lives as we answer His call to evangelization.

HOLD TIGHTLY THE WORD OF GOD



GOSPEL MEDITATION - ENCOURAGE DEEPER UNDERSTANDING OF SCRIPTURE

The Spirit leads Jesus into the desert to be tempted by the devil, and we hear this: "**He fasted for forty days and forty nights, and afterwards he was hungry.**" Seems like a questionable battle preparation plan. When I fast, I usually feel grouchy at best, and at worst, like I might pass out from longing for a hamburger. Isn't it better to be well-fed and fully hydrated, especially to face spiritual struggles? Why fast?

This might help. The origin of the word "fast" means to "hold firmly." We still use it that way when we say, "I held *fast* to my original decision." We human beings are a bundle of desires which vie for our attention: food, drink, comfort, safety, sex, laughter, beauty, and so on. If we can't manage to have firm grip on them, in short order they'll have a firm grip on us. By fasting from our lower desires, we learn to firmly grip on to what is greater. Fasting leads to us to a firmer hold on our body and mind.

Jesus fasts for us. He's showing us that his grace can help us regain this firm hold of our lives, which makes it more difficult for the devil to tempt us. But take it one more step. Fasting also teaches us to finally hold fast to Jesus, the Word of God in flesh. "**Man does not live by bread alone,**" he says, "**But by every word that comes forth from the mouth of God.**" Jesus' fasting reveals his fast hold to the Father in everything. May our fasting help us to grasp ourselves more firmly, and then to hold fast to Jesus alone.

— Father John Muir
©CLPi

WELCOME TO OUR LADY OF SORROWS CHURCH!

PARISH REGISTRATION

New parishioners are welcome and encouraged to register at our parish. Registration forms are available at the Rectory office. When moving, please notify the Rectory office.

SACRAMENT OF BAPTISM

Baptism is held the third Sunday of the month after the 9:00 AM Mass. Arrangements for Baptism should be made at least one month in advance. There are no Baptisms during Lent.

SACRAMENT OF THE ANOINTING OF THE SICK

Please notify the Rectory or priest in the event of a serious illness. Visits to the home-bound and those in hospitals are made by Priests, Deacons and Extraordinary Eucharistic Ministers.

SACRAMENT OF MATRIMONY

Congratulations to our engaged couples! Arrangements should be made one year in advance of the proposed marriage.

RELIGIOUS VOCATION

Women and men who feel called to the Religious Life and men called to the Holy Orders should contact the Vocation Office 973-497-4365 or speak with a parish priest.

RITE OF CHRISTIAN INITIATION (R.C.I.A.)

If you have not received the Sacraments of Baptism, First Eucharist, or Confirmation, and are over 18 years of age, and are interested in membership in the Catholic Church, please call the Rectory office.

ARCHDIOCESE OF NEWARK 2023 LENTEN REGULATIONS

1. The days of both fast and abstinence during Lent are Ash Wednesday and Good Friday. If possible, the fast on Good Friday is continued until the Easter Vigil (on Holy Saturday night) as the "paschal fast" to honor the suffering and death of the Lord Jesus, and to prepare ourselves to share more fully and to celebrate more readily His Resurrection. The other Fridays of Lent are days of abstinence. On a day of fast, only one (1) full meal is permitted, **and two (2) smaller meals, which if added together, would not exceed the main meal in quantity.**

Those between the ages of 18 and 59 are obliged to fast. On a day of abstinence, no meat may be eaten. Those who have reached the age of 14 are obliged by the law of abstinence.

2. The obligation to observe the laws of fast and abstinence "substantially", or as a whole, is a serious obligation.

3. The Fridays of the year, outside of Lent, are designated as days of penance, but each individual may substitute for the traditional abstinence from meat some other practice of voluntary self-denial as penance.

4. The time for fulfilling the Paschal Precept (Easter Duty*) extends from the

First Sunday of Lent, February 26, 2023 to The Solemnity of the Most Holy Trinity, June 4, 2023.

*Canon 920, §1. All the faithful, after they have been initiated into the Most Holy Eucharist, are bound by the obligation of receiving Communion at least once a year.

the 2023 Annual Appeal

The 2023 Annual Appeal has begun! . Each year we are invited to participate in the Annual Appeal, which is an opportunity to support essential ministries and programs of our Archdiocese. Your sacrificial support makes it possible for us to carry out the important work that we are called to do as missionary disciples of Jesus.

Please consider participating in this year's Appeal to help make a significant difference in many lives within our Archdiocese. Please make a gift online today by visiting rca.org/sharing.

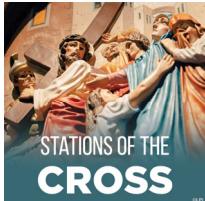


Lenten Penance Service

**Monday February 27, 2023
7:00 PM**

ST. CECILIA CHURCH

120 Kearny Avenue, Kearny, New Jersey 07032
(201) 991-1116 | stceciliakearny.org



Please join us for the Stations of the Cross! This traditional Lenten devotion will be prayed every Friday during Lent through March 31st, 6:30 PM at Our Lady of Sorrows Church.

JOIN THE PARISH CHOIR

You are invited to join our Parish Choir as we prepare for Holy Week and Easter Masses. Rehearsals begin on Wednesday, March 1st at 7:15 PM in the Choir loft. Come join us!!!

I will sing and make melody. Awake, my soul!
(Psalm 108:1)

2022-2023 Religious Education

February 26	Class
March 5	Class
March 12	Class
March 19	Class

We remember in our prayers the people of Turkey and Syria.

The **LORD** is close to the brokenhearted and saves those who are crushed in spirit.

PSALMS 34:18

MASS INTENTIONS



Saturday
5:00 PM

February 25
William Gallacher
Req. Andy and Pat Clappy

Sunday
9:00 AM

February 26
Kimberly Blakely
Req. Greg and Cathy Cierpial

Monday
7:30 AM

February 27
Dolores Walingavich
Req. Linda Reina

Tuesday
7:30 AM

February 28
Brian O'Malley
Req. Barbara Shugrue

Wednesday
7:30 AM

March 1
Frances and James Merriman,
Tessie and Donald Snyder
Req. Kathy Fudali

Thursday
7:30 AM

March 2
Suzana and João Abrantes
Req. Miranda Family

Friday
7:30 AM

March 3
John Miterko
Req. Ray and Linda Mackalonis
Stations of the Cross

Saturday
7:30 AM

March 4
People of the Parish

2nd Sunday of Lent

March 4
Lino Abrantes
Req. Miranda Family

Sunday
9:00 AM

March 5
William Gallacher
Req. Kolbinger Family

Memorials for the week of February 26, 2023

Altar Bread & Wine...
People of the Parish
Sanctuary Lamp...
People of the Parish
Altar Candles...
People of the Parish



The Lord is near to all who call on Him.
Psalm 145:18

Let us remember all our family members, loved ones, and fellow parishioners who have died, may God reward them for their good deeds done in faith. Let us also pray for those who are sick at home or in a hospital, especially **Maria Cunha, Gary Davitt, Meme Evans, Kathleen Fudali, Jay Harris, Ted Hirschi, Alice Keogh, Jaxson Struzienski, Irene Zarbetski**, and all those whose names appear in our "Parish Book of Prayers for the Sick".
May God grant them healing.

Weekly Collections

The collections for February 19th will appear in the next bulletin. The second collection for the weekend of March 4/5 is for the Easter Flowers.

Thank you for your continued support and generosity!!