



Our Lady of Sorrows Church

March 12, 2023

**136 Davis Avenue
Kearny, NJ 07032**

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E-Mail: office@olskearny.org

Website: www.olskearny.org

SACRAMENT OF THE EUCHARIST

Weekday Masses:

Monday - Saturday: 7:30 AM

Saturday evening Mass: 5:00 PM

Sunday Mass: 9:00 AM

Holy Day Masses:

7:30 AM | 12:00 PM | 7:00 PM

SACRAMENT OF RECONCILIATION

Saturday 4:00 PM - 4:30 PM

OFFICE HOURS

Monday – Friday

9 AM—12 PM

(The office is closed on Saturday & Sunday.)

PARISH STAFF

Served by

Rev. John E. Wassell

Administrator

(201) 991-1116

jwassell@stceciliakearny.org

Rev. Juan Carlos Velasquez-Ducayin

Parochial Vicar

(201) 991-1116

jcvelasquez@stceciliakearny.org

Rev. Patrick R.C. Wilhelm

In Residence

Rev. Richard J. Mroz

In Residence at St. Cecilia

(201) 991-1116

Deacon Leonard Mackesy

Deacon John Sarnas

Mrs. Lucille Muldoon

Coordinator of Religious Education

Mrs. Gina Sgalia-Ball

Director of Music

Ms. Donna Calcado

Office Manager/

Local Safe Environment Coordinator

dcalcado@olskearny.org

Mrs. Patty Martinez

Parish Secretary

bulletin@olskearny.org

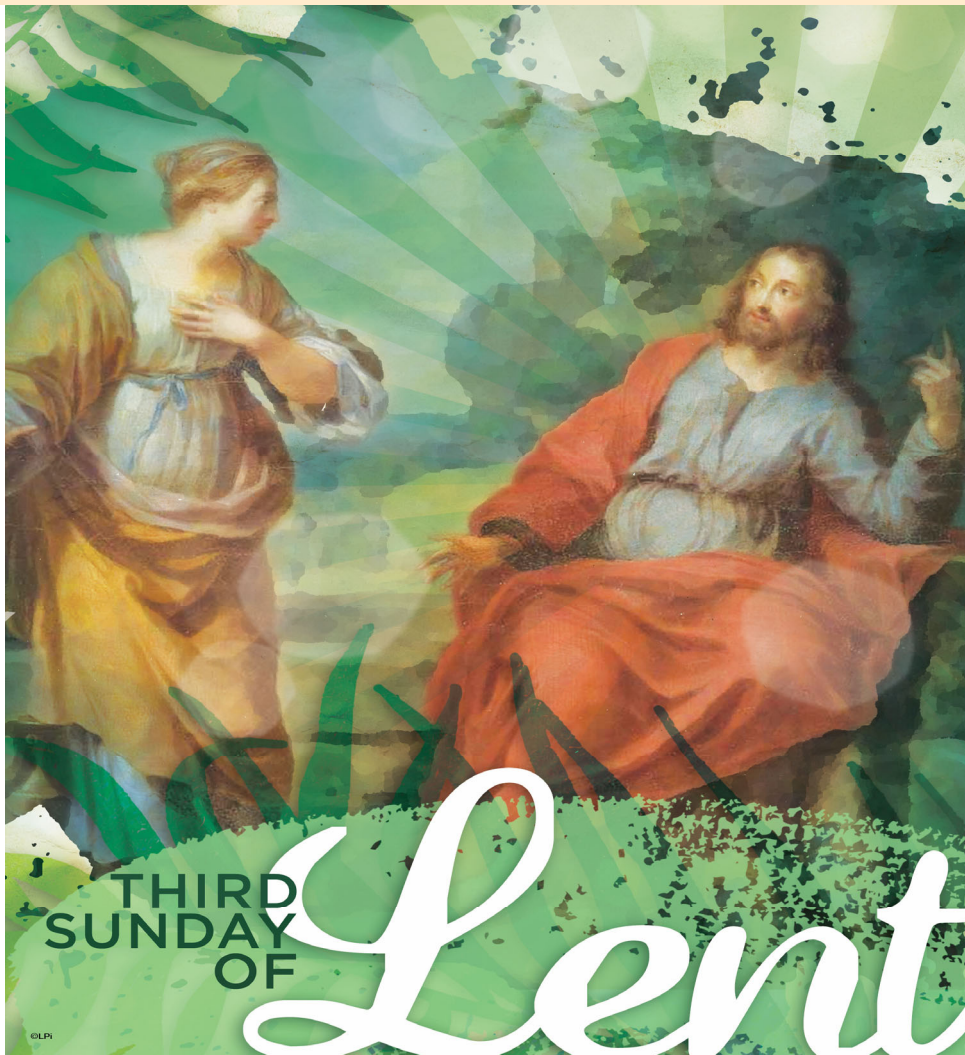
pmartinez@olskearny.org

Mrs. Linda Mackalonis

Parish Council Coordinator

Mr. Andrew Clapps, Trustee

Mr. Gregory Cierpial, Trustee



PARISH REGISTRATION

New parishioners are welcome and encouraged to register at our parish. Registration forms are available at the Rectory office. When moving, please notify the Rectory office.

SACRAMENT OF BAPTISM

Baptism is held the third Sunday of the month after the 9:00 AM Mass. Arrangements for Baptism should be made at least one month in advance. There are no Baptisms during Lent.

SACRAMENT OF THE ANOINTING OF THE SICK

Please notify the Rectory or priest in the event of a serious illness. Visits to the home-bound and those in hospitals are made by Priests, Deacons and Extraordinary Eucharistic Ministers.

SACRAMENT OF MATRIMONY

Congratulations to our engaged couples! Arrangements should be made one year in advance of the proposed marriage.

RELIGIOUS VOCATION

Women and men who feel called to the Religious Life and men called to the Holy Orders should contact the Vocation Office 973-497-4365 or speak with a parish priest.

RITE OF CHRISTIAN INITIATION (R.C.I.A.)

If you have not received the Sacraments of Baptism, First Eucharist, or Confirmation, and are over 18 years of age, and are interested in membership in the Catholic Church, please call the Rectory office.



Follow us on Facebook
Our Lady of Sorrows Catholic
Church, Kearny, NJ

WELCOME TO OUR LADY OF SORROWS CHURCH! OUR MISSION

We are Catholic Christians of Our Lady of Sorrows Parish who are conscious of the plan of God for the salvation of all. We praise the Lord in our everyday lives by sharing our faith and talents with each other for the continued growth of Our Lady of Sorrows Parish Community. We wish to live the Beatitudes of Jesus and put them into practice in our daily lives as we answer His call to evangelization.

GOSPEL MEDITATION

March 12, 2023 3rd Sunday of Lent

When I became the pastor of a large parish, I soon found myself, for the first time in my life, riddled with anxiety, headaches, difficulty making decisions, and fatigue. I called a therapist friend and told her my symptoms and asked if she thought I needed a serious medical exam. She said, "How much water do you drink?" I told her, "I haven't had time to drink water lately." She responded, "You're chronically dehydrated. Drink eighty-five ounces a day and call me in a week." I started guzzling water and in a week all my symptoms went away. I felt great.

Like me, the people in the Exodus wanderings were dehydrated. But unlike me, they knew it. Their symptoms were bad. They fight with each other. They accuse God of being a monster who wants them and their children to die of thirst. Their thirst drives them to plot the bloody assassination of the man who rescued them. God responds by using Moses to strike a rock from which rivers of living waters flow to quench their thirst for years to come.

The Holy Spirit is the living water of love which flows from the pierced side of Jesus, the new Moses. What symptoms in your life suggest you're spiritually dehydrated? Anger at God? Cynicism at your leaders? Bitter rivalry and bickering with others? Don't panic. *Of course* we have those symptoms. Ask God to provide his water to quench your spiritual thirst, and he will. And all those symptoms will soon disappear.

— *Father John Muir*

©LPi

Easter 2023 Spiritual Bouquets

All Masses on Easter Day, including the Easter evening Vigil Mass at 7:30 PM, will be offered for all individuals, living or deceased, as stated on the Spiritual Bouquet Mass Remembrance envelopes. Spiritual Bouquet Easter cards are available at the Rectory office during office hours. The donation for the Mass Remembrance is \$5.00. All intentions will be placed on the Altar during all Easter Masses.

Easter Flowers

Our Lady of Sorrows is decorated beautifully each year for Easter by the generous donations of our parish community. If you would like to contribute towards the Easter flowers, envelopes for the Easter flowers can be found in the vestibule of the Church. Thank you for supporting Our Lady of Sorrows Church.

Youth & Family Mass

St. Cecilia and Our Lady of Sorrows parishes invites Middle grade and High School Students for our Youth and Family Mass. Please join us at St. Cecilia Church on Saturday, March 25th, at 6:30 PM. Join us after Mass in the Church Basement for pizza and games.

Sacraments for the Homebound

Those who would like to receive the Sacrament of Reconciliation and/or the Sacrament of Eucharist in their homes may call the Rectory office from 9AM—12PM to make the necessary arrangements.

ARCHDIOCESE OF NEWARK 2023 LENTEN REGULATIONS

1. The days of both fast and abstinence during Lent are Ash Wednesday and Good Friday. If possible, the fast on Good Friday is continued until the Easter Vigil (on Holy Saturday night) as the "paschal fast" to honor the suffering and death of the Lord Jesus, and to prepare ourselves to share more fully and to celebrate more readily His Resurrection. The other Fridays of Lent are days of abstinence. On a day of fast, only one (1) full meal is permitted, **and two (2) smaller meals, which if added together, would not exceed the main meal in quantity.**

Those between the ages of 18 and 59 are obliged to fast. On a day of abstinence, no meat may be eaten. Those who have reached the age of 14 are obliged by the law of abstinence.

2. The obligation to observe the laws of fast and abstinence "substantially", or as a whole, is a serious obligation.

3. The Fridays of the year, outside of Lent, are designated as days of penance, but each individual may substitute for the traditional abstinence from meat some other practice of voluntary self-denial as penance.

4. The time for fulfilling the Paschal Precept (Easter Duty*) extends from the

First Sunday of Lent, February 26, 2023 to The Solemnity of the Most Holy Trinity, June 4, 2023.

**Canon 920, §1. All the faithful, after they have been initiated into the Most Holy Eucharist, are bound by the obligation of receiving Communion at least once a year.*

Commitment to Transparency & Healing

The Archdiocese of Newark, along with Our Lady of Sorrows Parish, regard the safety and protection of all God's people in any Church service, activity or event as a high priority. Any person who wishes to report an incident of sexual misconduct by a member of the clergy, religious or lay staff of the Archdiocese of Newark, should contact the Archdiocese by calling (201) 407-3256.

2023 Annual Appeal

The 2023 Annual Appeal is well underway. Donations can be made online at www.rcan.org. Thank you to those who have already pledged. Your support is central to the mission of the Archdiocese of Newark. Together we can continue to serve with faith, hope and charity. If you have yet to participate, please pick up a pledge envelope at the back of the Church or visit www.rcan.org/sharing.

Stations of the Cross

This traditional Lenten devotion will be prayed every Friday during Lent through March 31st, 6:30 PM at Our Lady of Sorrows Church. Please join us.



You are invited to join our Parish Choir as we prepare for Holy Week and Easter Masses. Rehearsals are on Wednesdays, at 7:15 PM in the Choir loft. Come join us!!!

First Reconciliation



Congratulations to the following students who received the First Reconciliation on Saturday, March 11th, 2023 at Our Lady of Sorrows:

Leo Andrade, Jonathon Bretal & Alicia Gómez

2023 Anniversary Liturgies

The Archdiocese of Newark is pleased to announce the annual tradition of honoring those couples in our Archdiocese who will be celebrating five, twenty-five and fifty years of valid marriage for the Catholic faithful in the year 2023! These anniversary liturgies will be celebrated by Cardinal Joseph Tobin in the Cathedral Basilica of the Sacred Heart in Newark as follows:

April 16, 2023 3:00 PM 50 years (All counties)
May 7, 2023 3:00 PM 5 years & 25 years (All counties)

It is Archdiocese's desire, that every couple in the Archdiocese deserving of such recognition be present at the appropriate liturgy. The presence of these couples will be a tender witness to the strength and stability of Christian marriage in today's society.

Since the Archdiocese was unable to host these celebrations in 2020 and 2021, and many families are still playing 'catch-up' with their celebrations, any couple who would have celebrated their Silver or Gold Anniversary in those years is invited in this celebration. **Please note that whether the milestone anniversary took place in 2020, 2021 (or even if they missed in 2022), the certificates will say Silver or Gold, not 26, 51 etc.**

Registration forms are available at the Rectory office. Please contact the Rectory office to make a reservation.

2022-2023 Religious Education

March 12	Class
March 19	Class
March 26	Class
April 2	Class

Weekly Collections

Collection 03/05/23 \$1093.00
 Easter Flowers 03/05/23 \$ 551.00

The second collection for the weekend of March 18/19 is for the Catholic Relief Services.

Thank you for your continued support and generosity!!



Saturday

5:00 PM

March 11

James and Tom Kashauer
 Req. Loving Sister, Joan

Sunday

9:00 AM

March 12

Kimberly Blakely
 Req. Chris Danzi

Monday

7:30 AM

March 13

Dolores Walingavich
 Req. Dorothy Songile

Tuesday

7:30 AM

March 14

Izzy Spiegel and
 Deceased Members of FOSS
 Req. FOSS

Wednesday

7:30 AM

March 15

Jimmy Wallace and
 Deceased Members of FOSS
 Req. FOSS

Thursday

7:30 AM

March 16

Irene Antunes
 Req. Miranda Family

Friday

7:30 AM

March 17

Adrian Valequez and
 Deceased Members of FOSS
 Req. FOSS

6:30 PM

Saturday

7:30 AM

March 18

John Emmons and
 Deceased Members of FOSS
 Req. FOSS

4th Sunday of Lent

Saturday

5:00 PM

March 18

Kimberly Blakely
 Req. JoAnn Struzienski

Sunday

9:00 AM

March 19

Dolores Walingavich
 Req. Our Lady of Sorrows Rosary Society

Memorials for the week of March 12, 2023



Altar Bread & Wine...
 Alexander Mazur / OLS
Sanctuary Lamp...
 Alexander Mazur / OLS
Altar Candles...
 Alexander Mazur / OLS



Let us remember all our family members, loved ones, and fellow parishioners who have died, may God reward them for their good deeds done in faith. Let us also pray for those who are sick at home or in a hospital, especially **Maria Cunha, Gary Davitt, Meme Evans, Kathleen Fudali, Jay Harris, Ted Hirschi, Alice Keogh, Jaxson Rivera, June Struzienski, Irene Zarbetski, and all those whose names appear in our "Parish Book of Prayers for the Sick"**.

May God grant them healing.