



Our Lady of Sorrows Church

July 9, 2023

**136 Davis Avenue
Kearny, NJ 07032**

Phone: (201) 998-4616 | (201) 998-4624

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Emergencies: (201) 275-3891

E-Mail: office@olskearny.org

Website: www.olskearny.org

SACRAMENT OF THE EUCHARIST

Weekday Masses:

Monday - Saturday: 7:30 AM

Saturday evening Mass: 5:00 PM

Sunday Mass: 9:00 AM

Holy Day Masses:

7:30 AM | 12:00 PM | 7:00 PM

SACRAMENT OF RECONCILIATION

Saturday 4:00 PM - 4:30 PM

OFFICE HOURS

Monday – Friday

9 AM—12 PM

(The office is closed on Saturday & Sunday.)

PARISH STAFF

Served by

Rev. Cesar J. Quiñones

Administrator

(201) 991-1116

Rev. Juan Carlos Velasquez-Ducayin

Parochial Vicar

(201) 991-1116

jcvelasquez@stceciliakearny.org

Rev. Patrick R.C. Wilhelm

In Residence

Rev. Richard J. Mroz

In Residence at St. Cecilia

(201) 991-1116

Deacon Leonard Mackesy

Deacon John Sarnas

Mrs. Lucille Muldoon

Coordinator of Religious Education

Mrs. Gina Sgalia-Ball

Director of Music

Ms. Donna Calcado

Office Manager/

Local Safe Environment Coordinator

dcalcado@olskearny.org

Mrs. Patty Martinez

Parish Secretary

bulletin@olskearny.org

pmartinez@olskearny.org

Mrs. Linda Mackalonis

Parish Council Coordinator

Mr. Andrew Clapps, Trustee

Mr. Gregory Cierpial, Trustee



14th SUNDAY IN ORDINARY TIME

“Come to me, all you who labor and are burdened,
and I will give you rest.” - Mt 11:28

Excerpts from the Lectionary for Mass © 2001, 1998, 1970 CCD.

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PARISH REGISTRATION

New parishioners are welcome and encouraged to register at our parish. Registration forms are available at the Rectory office. When moving, please notify the Rectory office.

SACRAMENT OF BAPTISM

Baptism is held the third Sunday of the month after the 9:00 AM Mass. Arrangements for Baptism should be made at least one month in advance. There are no Baptisms during Lent.

SACRAMENT OF THE ANOINTING OF THE SICK

Please notify the Rectory or priest in the event of a serious illness. Visits to the home-bound and those in hospitals are made by Priests, Deacons and Extraordinary Eucharistic Ministers.

SACRAMENT OF MATRIMONY

Congratulations to our engaged couples! Arrangements should be made one year in advance of the proposed marriage.

RELIGIOUS VOCATION

Women and men who feel called to the Religious Life and men called to the Holy Orders should contact the Vocation Office 973-497-4365 or speak with a parish priest.

RITE OF CHRISTIAN INITIATION (R.C.I.A.)

If you have not received the Sacraments of Baptism, First Eucharist, or Confirmation, and are over 18 years of age, and are interested in membership in the Catholic Church, please call the Rectory office.



Follow us on Facebook
Our Lady of Sorrows Catholic
Church, Kearny, NJ

WELCOME TO OUR LADY OF SORROWS CHURCH!

OUR MISSION

We are Catholic Christians of Our Lady of Sorrows Parish who are conscious of the plan of God for the salvation of all. We praise the Lord in our everyday lives by sharing our faith and talents with each other for the continued growth of Our Lady of Sorrows Parish Community. We wish to live the Beatitudes of and put them into practice in our daily lives as we answer His call to evangelization.

GOSPEL MEDITATION

July 9, 2023

14th Sunday in Ordinary Time

Do you ever feel restless? I certainly do. Daily tasks and challenges, but also the more basic demand of simply existing — sooner or later, this can all feel crushing and tire us out.

Which is why Jesus' words are such stunningly good news: "Come to me all you who labor and are burdened and I will give you rest" (Matthew 11:28). How vastly weird that this man speaks as though he is capable of giving us the deep repose we desire. Is his claim the height of absurd grandiosity? No, because next he immediately proclaims that he is "meek and humble of heart." We here touch a mystery: Jesus is capable of giving us rest because he is the one who forever reposes in the heart of God the Father. He is "yoked" to the Father in his divinity. But he is humbly "yoked" to us, sharing in our humanity.

The good news, my fellow tired-out friends: we don't have to despair in our burdens and exhaustion, no matter how heavy they feel. This week, join me in opening our hearts to hear him say to us, "Come! I will give you rest." We come to him in the Church, Eucharist, the Scriptures, prayer, in the poor. There he will give us rest.



— Father John Muir ©LPi

(PRACTICING) CATHOLIC - RECOGNIZE GOD IN YOUR ORDINARY MOMENTS

By Colleen Jurkiewicz Dorman

A Ballad of Flesh and Spirit

"My yoke is easy and my burden is light," says the man hanging from a cross. And if we only went on what we see with our eyes — flesh driven through by nails and sword, swollen from beating and inches from expiration — it would seem like a joke.

I'll tell you something we all know: this life on earth is hard. It's either too long or it's too short. It's frequently painful. It's riddled with problems that seem to make no sense. It is, as Dickens wrote, "made of ever so many partings welded together."

But it's also shockingly, senselessly beautiful. It is full of physical experiences of love, joy, and peace that are so powerful they leave you breathless.

It is both these things — good and bad, hard and wonderful, just as we are both body and soul, spirit and flesh.

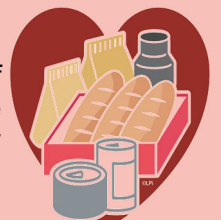
No one knows the Father except the Son, who entered into our bodily existence to free us from enslavement to it. No one knows the Son except the Father, and the means by which they know one another — the love passing between them, the Third Person himself — has been shared with us, has made its dwelling within us through baptism.

*"Brothers and sisters, we are not debtors to the flesh, to live according to the flesh."
— Romans 8:12*

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Kearny Food Pantry Network

Please help support the Kearny Food Pantry Network by donating non-perishable food in the bins located in the back of the Church. The Kearny Food Pantry Network distributes bags of food to Kearny residents on the first and third Friday of every month from 10:15am-1pm. The Kearny Food Pantry is located in the First Presbyterian Church of Arlington, 663 Kearny Avenue, Kearny, NJ.



Mission Appeal Weekend July 8/9th

Our parish welcomes the Vocationist Fathers for our Mission Appeal this weekend. The second collection for this weekend supports the missionary work of the Vocationist Fathers. Thank you for your support and generosity.

Rejoice in the Lord Newsletter

The latest edition of *Rejoice in the Lord* is now available online. In his latest newsletter, Cardinal Tobin calls for action, responsible stewardship of God's creation.

Cardinal Tobin's newsletter to the faithful, is available online at www.rcan.org/rejoiceinthelord and linked on the archdiocesan news site, www.JerseyCatholic.org. Please share this with your family and friends.



OLS wishes you safe travels!

If you are traveling this summer, have fun, be safe and check out the local Catholic Churches. Please be generous to the Churches you attend as summer is tough for all Churches. Please do not forget to support your Church with your offering this summer. It is always a lean time. However, the work of the Church continues. Thank you for your support and may God's blessing be upon you and your families.

Sacraments for Shut-Ins

All those who would like to receive the Sacrament of Eucharist in their homes, please call the Rectory office at (201) 998-4616 to make arrangements.

Religious Education News

Registrations for the new school year 2023-2024, grades 1 through 8, are being accepted. Registration forms are available in the Rectory office during office hours. **A copy of the child's Baptism certificate is required for new students.** Contact the Rectory office at (201) 998-4616 for more information.

Give the Gift of a Mass

One of the greatest gifts a person can receive is the celebration of a Mass for their intentions. For this reason it is a custom for many people to give the gift of a Mass intention to relatives or friends, living or deceased. We have many open Masses for this year. Kindly call the Rectory office to reserve your Mass intentions.



Let us remember all our family members, loved ones, and fellow parishioners who have died, may God reward them for their good deeds done in faith. Let us also pray for those who are sick at home or in a hospital, especially **Valerie Cawley, Maria Cunha, Gary Davitt, Meme Evans, Kathleen Fudali, Jay Harris, Ted Hirschi, Alice Keogh, Jaxson Rivera, June Struzienski, Irene Zarbetski, and all those whose names appear in our "Parish Book of Prayers for the Sick"**.

May God grant them healing.

MASS INTENTIONS

Saturday

5:00 PM

Sunday

9:00 AM

Monday

7:30 AM

Tuesday

7:30 AM

Wednesday

7:30 AM

Thursday

7:30 AM

Friday

7:30 AM

Saturday

7:30 AM

Saturday

5:00 PM

Sunday

9:00 AM

July 8

Don Zuza
Req. Sally Zuza

July 9

Priscilla Zarco
Req. Family

July 10

Harry Manaois
Req. Family

July 11

Angie Paganelli
Req. Maria Silva

July 12

People of the Parish

July 13

People of the Parish

July 14

People of the Parish

July 15

People of the Parish

15th Sunday in Ordinary Time

July 15

Charles and Mary Kashauer
Req. Daughter, Joan

July 16

Paul and Richard Fudali, and
James Gelcius
Req. Family

Memorials for the week of July 9, 2023



Altar Bread & Wine...

People of the Parish

Sanctuary Lamp...

People of the Parish

Altar Candles...

People of the Parish

Weekly collections

Due to the production schedule, the collections for 07/02/2023 will appear in the next bulletin.

The second collection for the weekend of July 15/16 is for the Archdiocesan Monthly Assessment.
Thank you for your continued support and generosity!!

Commitment to Transparency & Healing

The Archdiocese of Newark, along with Our Lady of Sorrows Parish, regard the safety and protection of all God's people in any Church service, activity or event as a high priority. Any person who wishes to report an incident of sexual misconduct by a member of the clergy, religious or lay staff of the Archdiocese of Newark, should contact the Archdiocese by calling (201) 407-3256.