



# Our Lady of Sorrows Church

March 15, 2026

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Kearny, NJ 07032

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### SACRAMENT OF THE EUCHARIST

Weekday Masses:  
Monday - Friday: 7:00 AM  
Saturday evening Mass: 5:00 PM  
Sunday Mass: 9:00 AM  
Holy Day Masses:  
7:00 AM | 7:00 PM

### SACRAMENT OF RECONCILIATION

Saturday 4:00 PM - 4:30 PM

### OFFICE HOURS

Monday – Friday  
9 AM—12 PM  
(The office is closed on Saturday & Sunday.)

### PARISH STAFF

Served by

**Rev. Cesar J. Quiñones**  
Pastor  
(201) 991-1116

**Rev. Octavio Gonzalez Carballo**  
Parochial Vicar  
(201) 991-1116

**Rev. Richard J. Mroz**  
In Residence at St. Cecilia  
(201) 991-1116

**Deacon John Sarnas**

**Mrs. Gina Sgalia-Ball**  
Director of Music

**Ms. Donna Calcado**  
Office Manager

**Mr. Andrew Clapps, Trustee**  
**Mr. Gregory Cierpial, Trustee**



## 4TH SUNDAY OF LENT

The Pharisees also asked him how he was able to see.  
He said to them, "He put clay on my eyes, and I washed, and now I can see." - Jn 9:15

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD. ©LPI

### PARISH REGISTRATION

New parishioners are welcome and encouraged to register at our parish. Registration forms are available at the Rectory office. When moving, please notify the Rectory office.

### SACRAMENT OF BAPTISM

Baptism is held the third Sunday of the month after the 9:00 AM Mass. Arrangements for Baptism should be made at least one month in advance. There are no Baptisms during Lent.

### SACRAMENT OF THE ANOINTING OF THE SICK

Please notify the Rectory or priest in the event of a serious illness. Visits to the home-bound and those in hospitals are made by Priests, Deacons and Extraordinary Eucharistic Ministers.

### SACRAMENT OF MATRIMONY

Congratulations to our engaged couples! Arrangements should be made one year in advance of the proposed marriage.

### RELIGIOUS VOCATION

Women and men who feel called to the Religious Life and men called to the Holy Orders should contact the Vocation Office 973-497-4365 or speak with a parish priest.

### RITE OF CHRISTIAN INITIATION (R.C.I.A.)

If you have not received the Sacraments of Baptism, First Eucharist, or Confirmation, and are over 18 years of age, and are interested in membership in the Catholic Church, please call the Rectory office.



Follow us on Facebook  
Our Lady of Sorrows Catholic Church, Kearny, NJ

## WELCOME TO OUR LADY OF SORROWS CHURCH!

### OUR MISSION

We are Catholic Christians of Our Lady of Sorrows Parish who are conscious of the plan of God for the salvation of all. We praise the Lord in our everyday lives by sharing our faith and talents with each other for the continued growth of Our Lady of Sorrows Parish Community. We wish to live the Beatitudes of Jesus and put them into practice in our daily lives as we answer His call to evangelization.

GOSPEL MEDITATION - ENCOURAGE DEEPER UNDERSTANDING OF SCRIPTURE

**March 15, 2026**  
**4<sup>th</sup> Sunday of Lent**  
**John 9:1-41**

If you are like me, it's easy to fixate on our shadows: failures, guilt, shame. Especially when we suffer, it is easy to want to blame ourselves or others. In this week's Gospel, Jesus' disciples ask about the blind man, "**Rabbi, who sinned, this man or his parents?**" (John 9:2) They, like us, focus on blame. But Jesus sees the entire situation differently: "**Neither he nor his parents sinned; it is so that the works of God might be made visible through him.**" He does not deny sin, but he sees deeper — through the light of mercy, not the lens of judgment. The scene hinges on Jesus' strange claim: "**I am the light of the world**" (John 9:5). He sees things differently than everyone. They see shadows and light. He is the light. Thought experiment: imagine you are the sun looking at everything on the earth. What do you see? Everything. What do you *not* see? Shadows. Everything is illuminated. If you see it, it is illuminated. For the light, nothing is dark. Because he is the light, Jesus sees us in the glow of his redemptive love. Even our sin becomes a place where his glory can shine. The man's healing is not just about sight — it is about seeing as Christ sees. Lent is not a season of staring into darkness. It is a time to step into the light — to let Christ's gaze reframe how we see ourselves and one another. **Lenten challenge:** Spend 10 quiet minutes this week asking Jesus to show you how he sees you. Not through shame or fear, but through the light of his mercy.

— Father John Muir

### Easter 2025 Spiritual Bouquets

All Masses on Easter Day, including the Easter evening Vigil Mass at 7:00 PM, will be offered for all individuals, living or deceased, as stated on the Spiritual Bouquet Mass Remembrance envelopes. Spiritual Bouquet Easter cards are available at the Rectory office during office hours. The donation for the Mass Remembrance is \$5.00. All intentions will be placed on the Altar during all Easter Masses.

### Easter Flowers

Our Lady of Sorrows is decorated beautifully each year for Easter by the generous donations of our parish community. If you would like to contribute towards the Easter flowers, envelopes for the Easter flowers can be found in the vestibule of the Church. Thank you for supporting Our Lady of Sorrows Church.

**Reminder:** Help us keep our records up to date. If you plan on moving, no longer need donation envelopes, or have a change of address etc., please contact the Rectory office. Thank you for your cooperation.



*Roman Catholic*  
*Archdiocese of Newark*

### 2026 LENTEN REGULATIONS

- 1) The days of both Fast and Abstinence during Lent are Ash Wednesday and Good Friday. If possible, the fast on Good Friday is continued until the Easter Vigil (on Holy Saturday night) as the "paschal fast" to honor the suffering and death of the Lord Jesus, and to prepare ourselves to share more fully and to celebrate more readily His Resurrection. The other Fridays of Lent are days of Abstinence.  
\*On a day of Fast, only one (1) full meal is permitted, and **two (2) smaller meals, which, if added together, would not exceed the main meal in quantity.** Those between the ages of 18 and 59 are obliged to fast. \*On a day of Abstinence, no meat may be eaten. Those who have reached the age of 14 are obliged by the law of abstinence.
- 2) **The obligation to observe the laws of Fast and Abstinence "substantially", or as a whole, is a serious obligation.**
- 3) The Fridays of the year, outside of Lent, are designated as days of penance, but each individual may substitute for the traditional abstinence from meat some other practice of voluntary self-denial as penance.
- 4) The time for fulfilling the Paschal Precept (Easter Duty\*) extends from the **First Sunday of Lent, February 22, 2026 to the Solemnity of the Most Holy Trinity, May 31, 2026.**  
**\*\*Canon 920, §1.** *All the faithful, after they have been initiated into the Most Holy Eucharist, are bound by the obligation of receiving Communion at least once a year.*

### LENTEN DISCIPLINES OF FASTING & ABSTINENCE

Catholics in good health ages 18 to 59 are required to fast and to abstain from meat on Ash Wednesday and Good Friday.

Fasting consists of eating only one meal, with the possibility of two smaller snacks that do not add up to a single full meal.

Catholics age 14 and older are to abstain from meat on all Fridays in Lent.

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**There are no Baptisms during Lent.**

### \*A Note From the Rosary Society\*

The Rosary Society will once again be selling Palm Crosses. The dates are the weekend of 3/21/26 & 3/22/26, before and after Mass. The price is \$11.00. Thank you for your support.

## 2026 MASS INTENTION BOOK

The 2026 Mass Intention Book is open. Please note that there are changes with the Mass book for 2026. **Only 2 Sunday Masses** will be permitted **per ONE family**. Holy days of obligation will be available but limited to **ONE Mass per family**. You may mail in your requests, include a telephone number so the office staff can reach you in the event the date you requested has been taken. The Masses will be put into the book in the order they are received. All Mass stipends are \$10. There will be no individual intentions for Easter, Christmas, Mother's or Father's Day, and All Souls Day. If you want to receive confirmation of your Mass requests, please include a stamped self-addressed envelope.



Let us remember all our family members, loved ones, and fellow parishioners who have died, may God reward them for their good deeds done in faith. Let us also pray for those who are sick at home or in a hospital, especially:  
**Ted Hirschi, June Struzienski, Irene Zarbetski, Rev. Patrick R.C. Wilhelm, Cesar Chacon, and all those whose names appear in our "Parish Book of Prayers for the Sick"**.

**May God grant them healing.**

### Safe Environment Corner: How to Report Abuse

The Archdiocese of Newark, along with Our Lady of Sorrows Church, take very seriously any and all allegations of sexual misconduct by members of the clergy, Religious and lay staff of the Archdiocese. We encourage anyone with knowledge of an act of sexual misconduct to inform us so that we may take appropriate action to protect others and provide support to victims of sexual abuse. Call the Coordinator for the Office of Accompaniment in the Archdiocesan Department for the Protection of the Faithful at **(201) 407-3256**.

### Report Financial Misconduct Confidentially

If you suspect financial misconduct, use EthicsPoint, an independent and confidential reporting tool that helps the Archdiocesan community address issues while promoting positive parish, school and workplace environments. Visit [www.rcan.org](http://www.rcan.org) for the hotline and reporting link.

Happy St. Patrick's Day  
 March 17th, 2026



St. Patrick's Breastplate

St. Patrick's Breastplate (sometimes called The Lorica of St. Patrick) is an ancient Irish prayer attributed to St. Patrick. The prayer first appears in the *Liber Hymnorum*, an 11th-century collection of Irish and Latin hymns, where it is said that Patrick sang these words when he was besieged by the anti-Christian chieftain Lóegaire. The prayer's most famous excerpt contains an invocation that Christ be "with me, before me, behind me, beneath me, above me, on my right, on my left, when I lie down, when I sit down, in the heart of every man who thinks of me, in the mouth of every man who speaks of me, in the eye that sees me, in the ear that hears me." The prayer's complete version can be divided into eleven sections, each calling upon different elements of divine protection, binding those who recite it to the strength of the Trinity.

## MASS INTENTIONS FOR THE WEEK OF March 15, 2026

<b>Saturday</b> 5:00 PM	<b>March 14</b> Emmaria Galliano Req. Irene Potts
<b>Sunday</b> 9:00 AM	<b>March 15</b> Anthony Lore Req. Leonard and Eleanor Rokas
<b>Monday</b> 7:00 AM	<b>March 16</b> Agripino Salas (Birthday Remembrance) Req. William and Matty Salas
<b>Tuesday</b> 7:00 AM	<b>March 17</b> Anthony Lore Req. Cathy and Greg Cierpial
<b>Wednesday</b> 7:00 AM	<b>March 18</b> Linda Mackalonis Req. Marion Narucki
<b>Thursday</b> 7:00 AM	<b>March 19</b> Emmaria Galliano Req. Keith Songile
<b>Friday</b> 7:00 AM	<b>March 20</b> Federico Blancas (Birthday Remembrance) Req. William and Matty Salas
6:30 PM	<b>Stations of the Cross</b>

**NEW MASS SCHEDULE**  
**No Saturday 7:00 a.m. Mass**

<b>Saturday</b> 5:00 PM	<b>March 21</b> Anthony Lore Req. Linda Reina
<b>Sunday</b> 9:00 AM	<b>March 22</b> Emmaria Galliano Req. Chris and Ted Hirschi

### Memorials for the week of March 15, 2026



**Altar Bread & Wine...**  
*People of the Parish*  
**Sanctuary Lamp...**  
*People of the Parish*  
**Altar Candles...**  
*People of the Parish*

### Weekly collections

1st, Collection	03/08/26	\$1,347.00
2nd, Collection	03/08/26	\$281.00

The collection for 03/22/26 will be for Energy.

**Thank you for your continues support and generosity!**

### SACRAMENTS FOR THE HOMEBOUND

Those who would like to receive the Sacrament of Reconciliation and/or the Sacrament of Eucharist in their homes may call the Rectory office Monday thru Friday from 9AM to 12PM to make the necessary arrangements.  
**(201) 998-4616.**